Irvine Running Club - Addition to Generic Risk Assessment relating to Covid 19

Date of assessment:1st Nov 2021 Review Date: next Covid update from government and SA

Activity: Tues/Thurs night club run Persons affected: club members, runners, jog leaders, coaches

Refer to ‘A Practical Guide for Athletics and Running Beyond Level 0 (updated 09 Aug 2021)

<https://www.scottishathletics.org.uk/wp-content/uploads/2021/08/scottishathletics-and-jogscotland-Covid-Guidance-V11-09082021.pdf>

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| Hazardous situation | Who might be harmed | Existing Control Measures | Severity | Probablility | Resultant risk rating | What else can be done to control risk |
| Spread of Covid-19  | Runners, Jog leaders, Coaches and other venue users contracting virus from an infected individual, also members of the public encountered while running on public routes | Covid Hygiene Guidance emailed to all members, and on website.Attendance not permitted if tested positive, symptomatic, waiting test results, or been asked to self isolate.No spitting. Use hankies or sleeves to blow nose.Wash hands with soap and water when Sports club is open, or use hand sanitiser.Give other road/path users space Booking system introduced to record attendance at each session to allow contact tracing.Risk assessments completed for each training runLicensed coach or leader leads each training session. | Harmful | Unlikely (due to transmission being low outdoors, and hygiene and physical distancing measures) and majority of runners double vaccinated. | Low risk | Reinforce Irvine Community Sports Club guidance  |