

Irvine Running Club  
c/o Marress Sports Ground  
Waterside  
Irvine KA 12 8PE  
January 2015

Dear Parent/Guardian,

I am writing to you about two issues, firstly Young Athletes/Vulnerable Adults Protection Policies and secondly , on a couple of initiatives to continue to encourage more Young Athletes to take part in competitions.

The Committee has reviewed the Club's Young Athletes Child /Vulnerable Persons Policies and I attach three documents for your information:

- A Code of Conduct for Coaches/Adult Helpers.
- A Guidance Note /Code of Conduct for the Young Athletes themselves
- A Young Person's Guidance to Child Protection produced by UK Athletics.

I would be grateful if your child would be made aware of the latter two documents.

Last year we set up an initiative to help Young Athletes with funds to buy that most important piece of kit, namely running shoes and it was decided that 4 of our Young Athletes were eligible; and each has received a £40 cheque. In return the Young Athlete attended over the year, some 30 training sessions and also took part in three competitive events. There are Track and Field events in the summer usually held at Ayr and Kilmarnock and in the autumn the Ayrshire Relays and individual Cross Country races held on the Beachpark. In order to take part in other events outwith Ayrshire Young Athletes have to be a member of Scottish Athletics, which can be joined via the website at a cost of £5 per year.

We also decided to award a trophy to the Young Athlete, who in the opinion of the coaches had made the most effort to both improve themselves and partake in events.

We will continue with these initiatives this year and we look forward to your child making use of these opportunities.

Yours sincerely

John McGarry Coach/President