

Posn	Name	Club	Category	Time
1	David Millar	Irvine	M40	25.13
2	Kerry-Liam Wilson	Cambuslang	M	25.37
3	Scott Hawkins	Kilbarchan	MU20	26.28
4	Stuart Gibson	Cambuslang	M	26.31
5	Tony McKnight	Irvine	M40	27.29
6	Billy Richardson	Irvine	M	27.31
7	Alun Myers	Bellahouston Harriers	M	27.33
8	Neil McLaughlin	Inverclyde	M	27.36
9	Chris Upson	Westerlands	M40	28.03
10	Andy Campbell	Bellahouston Harriers	M	28.20
11	Scott Martin	Kilmarnock	M40	28.22
12	Donald Petrie	Kilbarchan	M50	28.31
13	Colin Glencorse	Strathearn Harriers	M	29.07
14	James Wales	Kilmarnock	MU20	29.08
15	Brian Craig	Irvine	M50	29.17
16	G Hogarth	UA	M	29.19
17	Toni McIntosh	Ayr Seaforth	F	29.22
18	Danny McKeating	UA	M	29.26
19	David Hughes	UA	M	29.30
20	Ian Berryman	Irvine	M50	29.34
21	Euan Mackay	Garscube	M40	29.42
22	Mark Livingstone	Irvine	M	29.47
23	Colin Miller	Irvine	M50	30.04
24	Stephen Spiers	Kilbarchan	M40	30.33
25	Tom Yuille	East Kilbride	M	30.47
26	Ross Hainey	UA	M	30.53
27	Damien Johnstone	UA	M	30.59
28	Graeme Haddow	East Kilbride	M40	31.04
29	Gordon Gallagher	Kilbarchan	M	31.13
30	Laurence Baker	Ayr Seaforth	M50	31.20
31	Brian Douglas	Bellahouston Harriers	M	31.22
32	Sarah Munn	UA	FU20	31.23
33	Augustin Cairney	Clydesdale Harriers	M50	31.24
34	Jim Sneddon	Irvine	M40	31.30
35	William McGill	Maryhill	M50	32.03
36	John Surgenor	Irvine	M50	32.07
37	Alasdair Murray	Kilmarnock	M40	32.13
38	Laura Cairns	Kilmarnock	F	32.16
39	Robert Allison	Kilbarchan	M50	32.18
40	Ellie Homewood	Westerlands	F	32.19
41	Andrew Clugston	Kilbarchan	M	32.21
42	Claire Heasman	Helensburgh	F35	32.27
43	Richard Skillen	Kilmarnock	M	32.35

44	Stephen Flannigan	Girvan	M40	32.38
45	Ronnie Dalziel	Kilmarnock	M40	32.43
46	Matt Ferguson	Kilmarnock	M50	32.48
47	Paula Wilson	Kilmarnock	F35	33.00
48	William Duffy	Kilmarnock	M40	33.46
49	Jim McMillan	Kilbarchan	M60	33.58
50	John Rennie	Girvan	M40	34.18
51	Sharron Skinner	Greenock Glenpark	F	34.22
52	Brian Darroch	Kilmarnock	M	34.27
53	Val Martin	Ayr Roads TC	F35	34.46
54	Fraser Barr	UA	M	35.05
55	Liz McDerment	Kilmarnock	F35	35.19
56	Alan Fitzsimmons	Jogscotland	M40	35.31
57	David Murray	UA	M	35.52
58	Robert Nicol	Irvine	M60	36.01
59	Terri Wall	Greenock Glenpark	F35	36.12
60	David Mitchell	Kilmarnock	M40	36.14
61	Gillian Mullen	Kilmarnock	F	37.01
62	David Herron	UA	M	37.25
63	Maria Reay	Greenock Glenpark	F35	37.44
64	Elaine Rennie	UA	F35	37.52
65	Jack Maxwell	Girvan	M60	38.06
66	Caroline Mutch	Troon	F	38.19
67	Mary Miller	Irvine	F45	39.27
68	Ian McNaughtrie	Kilmarnock	M40	40.40
69	Michelle Goldie	Kilmarnock	F	40.52
70	Moira Connell	Troon	F45	41.16
71	Yvonne Prager	Greenock Glenpark	F45	41.30
72	Richard Hodelet	Greenock Glenpark	M60	41.42
73	Karen McDade	UA	F	42.27
74	Brian Graham	Kilbarchan	M40	42.58
75	Jim Barr	UA	M50	44.54
76	Tom McDade	UA	M40	44.54
77	Tony Knight	Greenock Glenpark	M60	45.35
78	James Sheridan	Greenock Glenpark	M60	46.31
79	William Drysdale	Law and District	M60	49.00