

IRVINE AC 5 MILE ROAD RACE 19th JULY 2010

Name	Club	Cat	SA No.	Race No	Place	Time
Martin Graham	Shettleston	M	SA 10175	229	1	25.09
David Millar	Irvine	M40	SA08284	284	2	25.21
Michael Denson	Glasgow Uni	M	SA15851	237	3	25.49
Adam Lee	Shettleston	M	SA06012	246	4	26.36
Gavin Law	Glasgow Uni	M		245	5	26.55
Adam Peters	Glasgow Uni	M	SA03833	236	6	27.18
Keith Haining	Kilmarnock	M40	SA 03659	226	7	27.24
David Houston	Glasgow Uni	M	SA17914	244	8	27.42
Michael McQuaid	Falkirk Victoria	M40	SA06691	249	9	27.50
Michael McLoone	Greenock Glenpark	M40	SA06758	248	10	28.14
Patrick Cullinane	Irvine	M	SA 12665	227	11	28.32
Gerard Scullion	Bellahouston RR	M40	SA07130	264	12	28.34
Ross Bark	UA	M	SA 14618	265	13	28.42
Connell Drummond	Kilmarnock	M	SA07823	225	14	29.01
Colin Miller	Irvine	M50	SA 6788	269	15	29.16
Euan Mackay	Garscube Harriers	M50	SA06731	262	16	29.32
S Campbell	Greenock Glenpark	M	SA08822	300	17	29.55
Gary Mitchell	Kirkintilloch	M40	SA05224	228	18	29.56
John Oates	Shettleston	M50	SA15807	241	19	30.07
Alan Brydon	Kilmarnock	M	SA13335	263	20	30.17
Mark Livingstone	Irvine	M	SA14847	295	21	30.29
M Freshour	Bellahouston Harriers	M40	SA13837	268	22	30.35
Ruaridh Munro	Shettleston	MU20		238	23	30.53
Avril Mason	Shettleston	F35	SA 10630	222	24	31.00
Laurence Baker	Ayr Seaforth	M50	SA08499	267	25	31.20
Ruth Joss	Glasgow Uni	F	993001	239	26	31.35
Eoghan Caffrey	Glasgow Uni	M	SA19170	243	27	31.38
Jim White	Irvine	M50	SA08986	254	28	31.44
Robert Watson	Kirkintilloch	M50	SA 18492	214	29	31.44
Gordon Gallacher	Kilbarchan	M40	SA06801	274	30	31.52
Jim Sneddon	Irvine	M40	SA15788	260	31	31.58
Craig Miller	UA	M		272	32	32.03
Michelle Hetherington	Helensburgh	F45	SA07224	270	33	32.22
Barry Duddy	Ayr Seaforth	M	SA18500	257	34	32.25
Stephen McCrorie	UA	M		279	35	32.47
Richard Skillen	Kilmarnock	M	SA14687	224	36	32.51
Tony Peakman	UA	M40		232	37	33.04
Tom Begley	Irvine	M40	SA07763	292	38	33.07
John Surgenor	Irvine	M50	SA08691	276	39	33.17
Brian Craig	Irvine	M50	SA08687	296	40	33.17
Robert Allison	Kilbarchan	M50	SA08047	287	41	33.27
Martin McCrorie	UA	M		280	42	33.37
M Dunn	Greenock Glenpark	M50		1	43	33.50
Donald Kennedy	Kilbarchan	M40	SA00587	291	44	33.59
Alan McGill	North Derbyshire	M50		2	45	34.00
Stuart McLean	UA	M		285	46	34.04

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Val Martin	Dales RT	F35		288	47	34.05
G Cooke	Greenock Glenpark	M50	SA72846	255	48	34.08
Sarah Munn	Glasgow Uni	FU17	SA11347	242	49	34.17
Michael Follam	Greenock Glenpark	M40	SA07491	250	50	34.19
Tom McCulloch	Ayr Seaforth	M50	7615	230	51	34.25
Andrew Clugston	Kilbarchan	M	SA05216	282	52	34.49
Brian Darroch	Kilmarnock	M	SA16981	289	53	35.28
Ian McNee	Troon	M50		297	54	35.34
Laura Wallace	UA	F		258	55	35.38
Kenneth Scott	Greenock Glenpark	M40	SA06759	271	56	35.49
Jim McMillan	Kilbarchan	M60	SA08700	247	57	35.55
Natalie Fleming	Troon	F	SA18395	281	58	36.19
Elaine Rennie	Girvan	F35		290	59	36.26
Emily Munn	UA	FU17		234	60	36.27
Alistair Munn	UA	M40		235	61	36.28
Anne Noble	Troon	F45	SA05314	298	62	36.40
David Mitchell	UA	M40	SA05869	273	63	36.54
Bruce Walker	Troon	M60		223	64	37.32
Robert Nicol	Irvine	M60	SA03890	275	65	37.47
Ada Stewart	Kirkintilloch	F45	SA08705	283	66	37.50
Kirsty Grant	Cambuslang	F	SA 18433	213	67	37.54
Stuart Graham	UA	M		251	68	38.13
Tom Reid	Ayrodynamic	M50	SA10860	299	69	38.23
M Skelton	Greenock Glenpark	M40	SA47855	256	70	38.30
T Skelton	Greenock Glenpark	M40	SA75816	259	71	38.30
Ros O'Sullivan	Kirkintilloch	F45	SA 14078	216	72	38.36
Michelle Goldie	Kilmarnock	F	SA19439	294	73	39.12
Lynsey Cooper	Ayr Seaforth	F		261	74	39.17
Iain Irons	UA	M		253	75	39.31
Rebecca Woolson	Glasgow Uni	F20		240	76	39.33
John Connell	Irvine	M40	SA16975	286	77	39.37
Maira Connel	Troon	F45	SA08798	277	78	40.42
David King	Irvine	M60	SA08283	231	79	41.10
Claire Kerr	UA	F		3	80	41.53
R Hodelet	Greenock Glenpark	M60	SA06773	278	81	42.10
Brian Graham	Kilbarchan	M50	SA10174	233	82	42.33
Tommy Knight	Greenock Glenpark	M60	SA08969	266	83	44.17
Janet Murray	UA	F45		219	84	46.41
Jamie McKissock	UA	M		252	85	47.55
Caitlin Knox	UA	FU17		218	86	48.14
William Drysdale	Law & District	M70	SA 08300	221	87	49.12
Brenda Knox	UA	F55		217	88	51.08
Peter Murray	UA	M40		220	89	54.09
Joe Heffernan	UA	M50		215	90	56.40
Owen Light	Troon	M70	SA05736	293	91	57.26